

**9<sup>th</sup> RA  
2019 ASIA**

**International Conference  
Regional Anesthesia & Analgesia  
by Asian Physicians**



**VINMEC**  
HEALTHCARE SYSTEM

## Conference pre-program Saturday June 15th

Regional Anesthesia techniques are very safe: How to make it safest?

Clinical pathways with the PDF given to the delegates

Debates from top experts answering to the delegates questions

Training "Hands on" model only 12 delegates per stations

SATURDAY June 15th				
08:00	Registration and welcome morning drinks			
08:30	Session 1 = Safety in regional anaesthesia to reach 0 preventable incident			
08:30	09:00	S1-1	How to use continuous blocks effectively and safely.	Shinichi Sakura Izumo Japan
09:00	09:30	S1-2	Dry Tap During Spinal Puncture - Is it a Reality or A Myth?	Manoj Karmakar Hong Kong Hong Kong
09:30	10:00	S1-3	Biological Effects of Ultra Sound, Are There Any Safety Issues ?	Ling Kwong ung Selangor Malaysia
10:00	Morning Coffee break			
10:30	Opening ceremony			
11:00	Session 2 = What are the best anaesthesia and analgesia pathways in 2019 ?			
11:00	11:30	S2-1	Major Knee surgery : Back to the anaesthesiologist management	Penafrancia Cano Manila Philippines
11:30	12:00	S2-2	Liver RF Ablation a very painfull procedure	Juin An Tapei Taiwan
12:00	12:30	S2-3	Challenges and outcomes of combined blocks and sedation for esthetic facial surgeries	Petchara Sundarathiti Bangkok Thailand
12:30	Lunch Break with Vietnamese delicatessen inside the Sponsor village exhibition			
13:30	Session 3 = What do the experts think ?			
13:30	14:00	S4-1	Experts invited by a Company : To be confirmed	
14:00	14:30	S4-2	Spine surgery can we provide efficienct analgesia opioid free with all the new blocks ?	Victor Chee / Chinh Quach Singapore / Hanoi
14:30	15:00	S4-3	Internet live from internaational experts : To be confirmed	
15:00	Afternoon cookies break			
15:30	Workshop time hands on models			
15:30	17:30	Each delegate will have the choice to attend 4 pre selected stations of 30 minutes each out of 16 stations offered by the faculty based on "1st Time 1st Served.		International faculty
17:30	End of Day 1			

**Conference pre-program - Sunday June 16th**

Clinical pathways with the PDF given to the delegates

How to improve patients' outcomes

Quick updates with only the essential to know

Training "Hands on" model only 12 delegates per stations

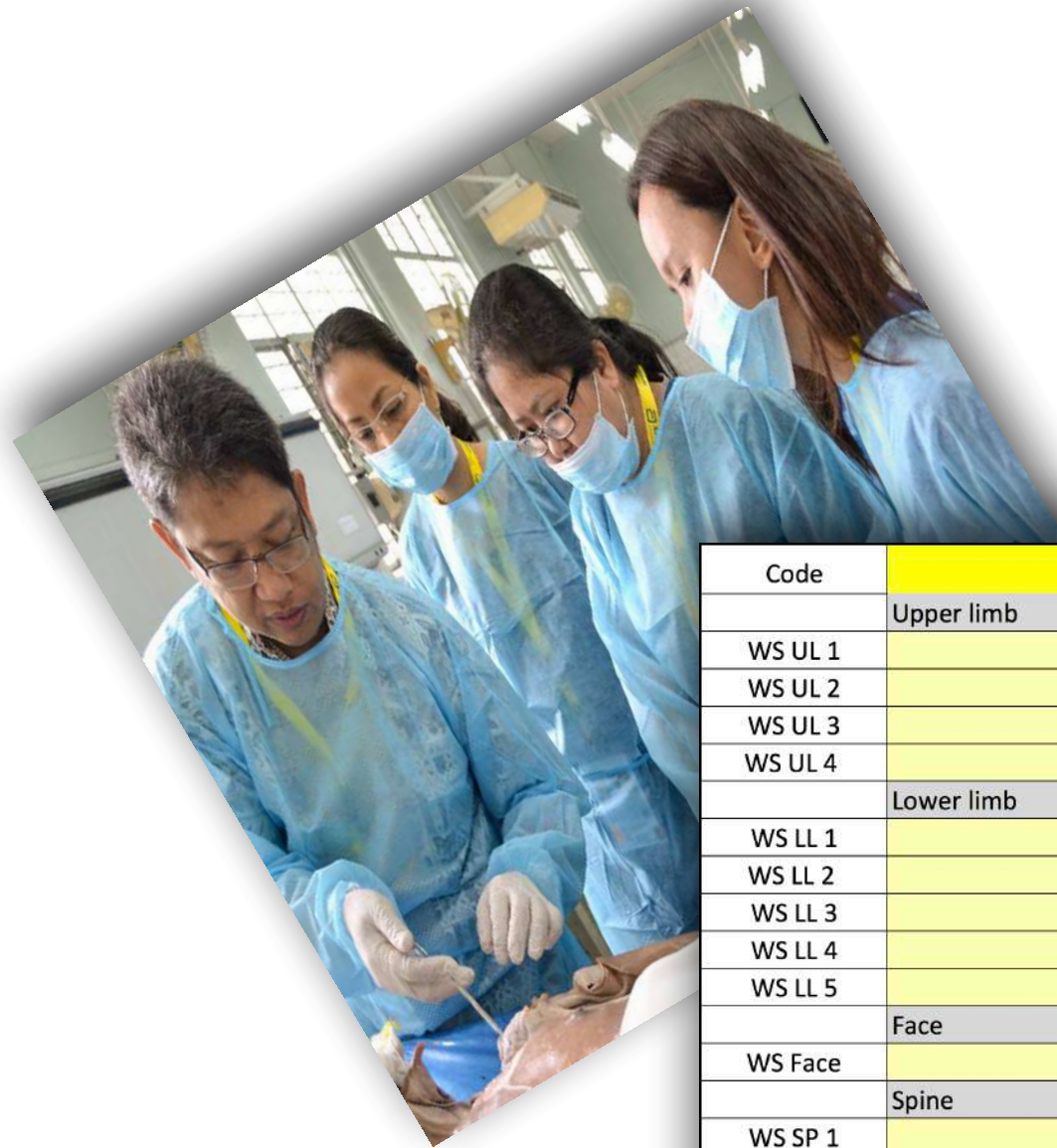
Sunday June 16th				
<b>08:30</b> Session 4 = What are the best anaesthesia and analgesia pathways in 2019 ?				
08:30	09:00	S3-1	High risk patients for non cardiac surgery	Shahridan Fathil, Kuala Lumpur, Malaysia
09:00	09:30	S3-2	Open heart surgeries ( Mini invasive and sternotomy)	Nga Ho, Ho Chi Minh City, Vietnam
09:30	10:00	S3-3	timpanomastoid surgeries with a Cervical superficial block	Pryambodho Pry, Jakarta, Indonesia
<b>10:00</b> Morning Coffee break				
<b>10:30</b> Session 5 = Fast Track Recovery after surgery : Is there a seat for the anesthesiologist ?				
10:30	11:00	S5-1	Is the role of regional anaesthesia essential to prevent persistent pain after surgery?	Philippe Macaire, Hanoi, Vietnam
11:00	11:30	S5-2	Anesthesia for Fast track recovery programs : IV opioid free anesthesia or regional anesthesia combined to GA ?	Victor Chee, Singapore, Singapore
11:30	12:00	S5-3	Physiotherapy and Rehabilitation : What is the role of the anesthesiologist and how?	Pankaj Kundra, Pondicherry, India
<b>12:00</b> Lunch Break with Vietnamese delicatessen inside the Sponsor village exhibition				
<b>13:00</b> Session 6 = Hey Doc what's new ?				
13:00	13:20	S6-1	Intermittent automatic bolus for Inter fascia blocks	Dao Nguyen, HCMC, Vietnam
13:20	13:40	S6-2	ESP Block what did we learn from the 150 papers published in 30 months ?	Giang Ta, Hanoi, Vietnam
13:40	14:00	S6-3	Shoulder surgery : Do the alternatives of Classical Interscalen block provide the same analgesia ?	, , Vietnam
14:00	14:20	S6-4	Phrenic Nerve Palsy Sparing Techniques during Brachial Plexus Blocks"	Justin Kho, Seoul, South Korea
14:20	14:40	S6-5	Perineural, Subparaneural, Intracluster, Intraneural, Extrafascicular, Intrafascicular: Does the Terminology Really Matter ?	Manoj Karmakar, Hong Kong, Hong Kong
<b>14:40</b> Afternoon cookies break				
<b>15:00</b> Workshop time hands on models				
15:00	17:00		Each delegate will have the choice to attend 4 pre selected stations of 30 minutes each out of 16 stations offered by the faculty based on "1st Time 1st Served.	International faculty
<b>17:00</b> Closing ceremony and certificates				



# Workshops hands on Model for Ultrasound guided nerve or interfascial blocks

*Only 12 delegates per stations*

**day 1 and day 2**



Code	WS Station will be multiplied based on the registration choices
	<b>Upper limb</b>
WS UL 1	Supra clavicular blocks including superior trunk
WS UL 2	Infraclavicular including medial approach
WS UL 3	Axillary Plexus Block in the axilla
WS UL 4	Axillary nerve - Supra scapular nerve Blocks
	<b>Lower limb</b>
WS LL 1	Femoral - & adductor canal blocks
WS LL 2	Lateral Femoral cutaneous Nerve - ObturatorNerve blocks
WS LL 3	Psoas Compartment Block and ESP L3
WS LL 4	Sciatic Transgluteal Block and puddental block
WS LL 5	Popliteal sciatic nerve blocks
	<b>Face</b>
WS Face	Face blocks
	<b>Spine</b>
WS SP 1	Spine neuraxial (lumbar) caudal
WS SP 2	Spine thoraco lumbar : the new interfascia blocks
	<b>Trunck</b>
WS T 1	Abdominal blocks (all)
WS T 2	Para vertebral
WS T 3	ESP T4-T6 / T9
WS T 4	PEC 1 & 2 Serratus plane block
WS T 5	the little abdominal blocks Genito F II IH and puddental

The techniques an  
anesthesiologist must  
know in 2019

